

Curriculum Vitae
Peter Phalen, PsyD
Assistant Professor, Department of Psychiatry
University of Maryland School of Medicine

Date April 10, 2026

Contact Information

Business Address: Division of Psychiatric Services Research
Department of Psychiatry
University of Maryland School of Medicine
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Foreign Languages: French (fluent)

Education

2006-2010 B.A., Philosophy, Reed College
2013-2018 PsyD, University of Indianapolis

Post Graduate Education and Training

2017 - 2018 Predoctoral Internship, VA Maryland Health Care System (VAMHCS)/University of Maryland School of Medicine (UMSOM) Internship Consortium
2018 - 2021 Advanced Postdoctoral Fellow, VA Maryland Health Care System
2019 - 2021 Visiting Post Doctoral Fellow, UMSOM

Psychologist Licensure

2018 Maryland, 06339

Employment History

Academic Appointments

2016-2017 Adjunct Professor, Public Health and Psychology departments, University of Indianapolis
2021-2022 Adjunct Assistant Professor, Division of Psychiatric Services Research, Department of Psychiatry, University of Maryland School of Medicine
2022-present Assistant Professor, Division of Psychiatric Services Research, Department of Psychiatry, University of Maryland School of Medicine

Honors And Awards

2018 Outstanding Intern Award, VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium

- 2021 NIJ Recidivism Forecasting Challenge Winner: Team DEAP (award number: 2021-nij-rec-ch-0015), National Institutes of Justice. \$18,000 award for 1st through 4th place finishes in the NIJ forecasting recidivism challenge, using machine learning techniques to predict blinded outcomes on a real-world dataset.
- 2026 University of Maryland School of Medicine Dean's Leadership Council Competitively nominated for executive leadership/management program.

Clinical Activities

Clinical Expertise

Licensed psychologist. Clinical focus is in the area of psychosis, suicide, and community mental health. Experience training clinicians to deliver Dialectical Behavior Therapy (DBT) and Social Skills Training (SST).

Scope of Clinical Practice

- 2007-2008 Counselor, Oregon Partnership: Lifeline (Suicide) and Helpline (D&A), Portland, Oregon
- 2011-2012 Counselor, DESC (Main Shelter), Seattle, WA
- 2012-2013 Clinical Case Manager, Community Psychiatric Clinic (CPC), Seattle, Washington
- 2014-2015 Psychology Intern, Richmond State Hospital, Richmond, Indiana
- 2015-2016 Psychology Intern, Roudebush VA Medical Center, clinic dir. Paul Lysaker, Indianapolis, Indiana
- 2016 Neuropsychiatry Intern, Indiana University School of Medicine, Indianapolis, Indiana
- 2017-2018 Predoctoral Clinical Intern, VA Maryland Health Care System/University of Maryland School of Medicine Psychology Internship Consortium, Baltimore, Maryland
- 2018-2021 Postdoctoral Fellow, VISN 5 MIRECC, Baltimore, Maryland
- 2021-2022 Staff Psychologist, Washington DC VA Medical Center, Washington, DC
- 2022-present Psychologist, Division of Community Psychiatry, University of Maryland Medical Center, Baltimore, MD

Development of any Clinical Programs

- 2020-2021 Cofounded the DBT Clinical Service in the VA Maryland Health Care System, serving 10 to 15 of the veterans in Maryland at highest risk of suicide.
- 2023-present Team lead, established four DBT groups across multiple clinics at UM Midtown, UM Division of Community Psychiatry, and the Maryland Psychiatric Research Center (MPRC) First-Episode Psychosis Program. Founded an on-going DBT Consult Group that supports these skills groups.

Professional Society Membership

- 2012-2013 Member, Global Mental Health Research Group, Department of Global Health, University of Washington
- 2014-2015 Member, Indiana Psychological Association
- 2014-2016 American Psychological Association of Graduate Students (APAGS) Member, American Psychological Association
- 2023-current ABCT Member, Association for Behavioral and Cognitive Therapies

Administrative Service**Institutional Service**

- 2022-present Trainer, Division of Community Psychiatry. Provide clinicians across several mental health clinics training in DBT and ongoing DBT Consult group. Provided a free all-day training in Implementing Dialectical Behavior Therapy (DBT) for Patients with Serious Mental Illness, with 19 clinicians attending for Continuing Education credits. Provided a multi-day training (14-hour) in full model DBT to enable the establishment of a full model program serving low income patients in Baltimore City.
- 2022-present Research Supervisor, Pre-doctoral Psychology Internship Program, VA Maryland Health Care System-University of Maryland Baltimore Psychology Internship Consortium. Co-mentor interns' research rotation, with projects including a successfully submitted F32-grant.
- 2023-present Clinical Supervisor, Division of Community Psychiatry. Provided clinical interns across mental health clinics with weekly or biweekly clinical supervision.
- 2023-present Committee Member: Department of Psychiatry Research Infusion Committee, Department of Psychiatry Research/Engagement Committee, Division of Psychiatric Services Research Engagement Committee.
- 2024-present Research Mentor, Residency Program, University of Maryland School of Medicine. Provide mentorship to Medical Doctors engaging in research.

Local Service

- 2019-2021 Program Evaluator, Baltimore Ceasefire 365.
- 2020-2023 Founding Member, Friends Committee on National Legislation (FCNL)

National Service

- 2015-present Ad hoc reviewer, *Schizophrenia Bulletin* (2x/yr), *Schizophrenia Research* (1x/yr), *Psychiatric Services* (1x/yr), *Journal of Affective Disorders* (1x), *American Journal of Preventive Medicine* (1x/yr), *Cognitive Behaviour Therapy* (1x), *Injury Prevention* (1x/yr), *Clinical Child Psychology and Psychiatry* (1x/yr), *Psychology and Psychotherapy: Theory, Research and Practice* (1x), *Psychiatria Danubina* (1x), *Journal of Substance Abuse Treatment* (1x), *Psychiatry Research* (1x), *Archives of Suicide Research* (1x), *Translational Psychiatry* (1x), *JAMA Open* (1x), *British Journal of Clinical Psychology* (1x), *British Journal of Psychology* (1x), *International Journal of Public Health* (1x), etc.
- 2018-present Member, the "Building Service User/Survivor Research Capacity" Project.
- 2024-present Steering Committee
Inpatient Psychological Care Collaborative (IPCC)
- 2024-present Reviewer, Temporary Member (three times), Veterans Affairs (VA) Study Section, Rehabilitation Research and Development
- 2026-present Reviewer, Veterans Affairs (VA) Special Study Section, Suicide Prevention Precision Health Research Center
- 2026-present Reviewer, National Institutes of Health (NIH) Study Section, Topics in Health Services Research: Developmental Disabilities, Mental Health, and Substance Use

Teaching Service**Undergraduate Student Teaching**

2016 Adjunct Professor, *Psychopathology*, University of Indianapolis, Undergraduate level
30 students – 2 weekly hours for one semester

Graduate / Post-Graduate Teaching

2017 Adjunct Professor, *Biostatistics for Public Health Professionals*, University of Indianapolis
30 Masters students – 3 weekly hours for one semester

11/2022 Trainer. *Dialectical Behavior Therapy for Serious Mental illness*, University of Maryland,
Baltimore (UMB). 6-hour training conducted at UMB for the Division of Community
Psychiatry. CEUs provided.

2025 Trainer. *Full model Dialectical Behavior Therapy*, University of Maryland, Baltimore
(UMB) and University of Maryland Medical System (UMMS). Training conducted at
UMB and UMMS to support the establishment of a comprehensive DBT program. (July
and August, 2025; 14 hours)

Other Teaching Services

2010-2011 English Teacher, Académie D'Amiens, Soissons, France
30+ high school students in an underserved community – 15-20 weekly hours teaching in
classes and small groups for one year

2025 *Dialectical Behavior Therapy for Serious Mental Illness*, Cornerstone Montgomery.
Training conducted for therapists at Cornerstone Montgomery (August, 2025; 6 hours)

2025 *Dialectical Behavior Therapy for Serious Mental Illness*, Johns Hopkins Medicine.
Training conducted for therapists at Johns Hopkins Medicine Community Psychiatry
Program (August, 2025; 6 hours)

Grant Support**Active Grants or Contracts**

09/01/22-08/31/26 Principal Investigator, 69-85%
“*Targeting Emotion Dysregulation to Reduce Suicide in People with Psychosis*”
National Institute of Mental Health Career Development Award K23 MH125024
Annual Direct Costs: \$182,107
Total Direct Costs: \$721,011.14

07/01/24-06/30/26 Co-Investigator, 8% (PI: Madeline Marks)
“*University of Maryland Medical Center R Adams Cowley Shock Trauma Center
Penetrating Injury Recovery Project*”
State of Maryland, OVC FY24 Byrne Discretionary Community Project
Grants/Byrne Discretionary Grants Program

Annual Direct Costs: \$174,061
Total Direct Costs: \$348,112

- 09/09/22-08/01/27 Co-Investigator, 7.5-10% (MPIs: Goldman, Jones)
“Optimizing Disability Benefit Decisions and Outcomes in First Episode Psychosis.”
National Institute of Mental Health (NIMH) R01 MH125868
Annual Direct Costs: \$720,000
Total Direct Costs: \$3,600,000
- 09/10/24- 6/30/29 Co-Investigator, 9-10% (PI: Bennett)
“Harnessing a Two-State FEP LHS to Optimize Engagement and Prevent Disengagement in CSC”
National Institute of Mental Health (NIMH) P01MH139228
Annual Direct Costs: \$1,355,272
Total Direct Costs: \$4,997,963
- 10/01/24-09/01/26 Co-Investigator, 3.5% (PI: Graham)
Identification and Promotion of Opportunities for Usage of Maryland Violent Death Reporting System (MVDRS) Data to Inform Local Homicide and Suicide Prevention Efforts in Maryland
State of Maryland
Annual Direct Costs: \$53,000
Total/Annual Direct Costs: \$107,222.20
- 05/01/24-05/01/25 Principal Investigator, 3%
“Using Records Linkage to Understand Post-treatment Needs of Patients in Early Psychosis Intervention Programs”
University of Maryland ICTR Accelerated Translational Incubator Pilot (ATIP)
Total/Annual Direct Costs: \$40,000

Pending Grants or Contracts

- 04/01/26-03/01/2031 Principal Investigator, 30%
“Improving Care for First Episode Psychosis Patients Who Discontinue Antipsychotic Medication”
National Institute of Mental Health (NIMH) R01 MH143798
Annual Direct Costs: \$772,600
Total Direct Costs: \$3,863,093.31

Completed

- 7/1/15-12/30/20 Site Principal Investigator, 5% (PI: Bennett)
“Improving Negative Symptoms and Community Engagement in Veterans with Schizophrenia”
VA Rehabilitation Research and Development (RR&D) Service 1I01RX001293
Annual Direct Costs: \$201,047
Total Direct Costs: \$830,069

- 2019-2020 Principal Investigator, 50%
 “*Suicidality Among Patients with Psychosis*”
 VISN 5 VA Capitol Health Care Network Pilot Funding Award
 Total/Annual Direct Costs: \$24,089
- 5/1/23-9/29/24 Faculty Researcher, 5% FTE (PI: Goldman)
 “*State Opioid Response (SOR III) Data Collection, Reporting and Continuous Learning and Quality Improvement*”
 Substance Abuse and Mental Health Services Administration
 Annual Direct Costs: \$1,981,977
 Total Direct Costs: \$2,807,801
- 04/14/25 Principal Investigator (N/A)
Coproduced research on medication decision-making: a peer/psychologist collaboration
 University of Maryland
 Total Direct Costs: \$2,000

Publications

Peer-reviewed journal articles

1. Warman DM, **Phalen PL**, Martin JM. Impact of a brief education about mental illness on stigma of OCD and violent thoughts. *J Obsessive Compuls Relat Disord*. 2015;5:16-23. doi:10.1016/j.jocrd.2015.01.003
2. Niculescu AB, Levey DF, **Phalen PL**, Le-Niculescu H, Dainton HD, Jain N, et al. Predicting suicidality using a combined genomic and clinical risk assessment approach. *Mol Psychiatry*. 2015;20:1266-1285. doi:10.1038/mp.2015.112
3. **Phalen PL**, Viswanadhan K, Lysaker PH, Warman DM. The relationship between cognitive insight and quality of life in schizophrenia spectrum disorders: Symptom severity as potential moderator. *Psychiatry Res*. 2015;230(3):839-845. doi:10.1016/j.psychres.2015.10.014
4. Levey DF, Niculescu E, Le-Niculescu H, Dainton HD, **Phalen PL**, Ladd TB, et al. Towards understanding and predicting suicidality in women: Biomarkers and clinical risk assessment. *Mol Psychiatry*. 2016;21:768-785. doi:10.1038/mp.2016.31
5. **Phalen PL**, Dimaggio G, Popolo R, Lysaker P. Aspects of theory of mind that attenuate the relationship between persecutory delusions and social functioning in schizophrenia spectrum disorders. *J Behav Ther Exp Psychiatry*. 2017;56:65-70. doi:10.1016/j.jbtep.2016.07.008
6. **Phalen PL**. Psychological distress and rates of health insurance coverage and use and affordability of mental health services, 2013–2014. *Psychiatr Serv*. 2017;68(5):512-515. doi:10.1176/appi.ps.201500544
7. Niculescu AB, Le-Niculescu H, Levey DF, **Phalen P**, Dainton HD, Roseberry K, et al. Precision medicine for suicidality: From universality to subtypes and personalization. *Mol Psychiatry*. 2017;22(9):1250-1273. doi:10.1038/mp.2017.128
8. **White DA**, McGuire AB, Luther L, Anderson AI, Phalen P, McGrew JH. Consumer factors predicting level of treatment response to Illness Management and Recovery. *Psychiatr Rehabil J*. 2017;40(4):344-353. doi:10.1037/prj0000284
9. Kivisto AJ, Ray B, **Phalen PL**. Firearm legislation and fatal police shootings in the United States. *Am J Public Health*. 2017;107(7):1068-1075. doi:10.2105/AJPH.2017.303770

10. **Phalen PL**, Warman D, Martin J, Lysaker P. The stigma of voice-hearing experiences: Religiousness and voice-hearing contents matter. *Stigma Health*. 2018;3(1):77-84. doi:10.1037/sah0000075
11. Rasdale A, Warman D, **Phalen P**. An examination of perceptions of individuals with an intellectual disability, with and without co-morbid schizophrenia: Effects of labels on stigma. *J Intellect Disabil Res*. 2018;62(6):544-556. doi:10.1111/jir.12494
12. Kivisto A, **Phalen P**. Effects of risk-based firearm seizure laws in Connecticut and Indiana on suicide rates, 1981–2015. *Psychiatr Serv*. 2018;69(8):855-862. doi:10.1176/appi.ps.201700250
13. **Camacho D**, Vera E, Scardamalia K, Phalen PL. What are urban teachers thinking and feeling? *Psychol Sch*. 2018;55(9):1133-1150. doi:10.1002/pits.22176
14. **Phalen P**, Ray B, Watson DP, Huynh P, Greene M. Fentanyl related overdose in Indianapolis: Estimating trends using multilevel Bayesian models. *Addict Behav*. 2018;86:4-10. doi:10.1016/j.addbeh.2018.03.010
15. Ray B, Lowder E, Kivisto A, **Phalen P**, Gil H. EMS naloxone administration as non-fatal opioid overdose surveillance: Six year outcomes in Marion County. *Addiction*. 2018;113(12):2271-2279. doi:10.1111/add.14426
16. **Phalen P**, Rakhshan Rouhakhtar P, Millman ZB, Thompson E, DeVyllder J, Mittal V, et al. Validity of a two-item screen for early psychosis. *Psychiatry Res*. 2018;270:861-868. doi:10.1016/j.psychres.2018.11.002
17. Niculescu A, Le-Niculescu H, Levey D, Roseberry K, Rogers J, Kosary K, et al. Towards precision medicine for stress disorders: Diagnostic biomarkers and targeted drugs. *Mol Psychiatry*. 2019. doi:10.1038/s41380-019-0370-z
18. **Phalen P**, Warman D, Martin J, Lucksted A, Drapalski A, Jones N, et al. Public understanding of different kinds of voice-hearing experiences: Causal beliefs, perceptions of mental illness, and stigma. *Psychiatr Rehabil J*. 2019;42(4):331-340. doi:10.1037/prj0000353
19. Rakhshan Rouhakhtar P, Pitts S, Millman Z, Andorko N, Redman S, Wilson C, et al. The impact of age on the validity of psychosis-risk screening in a sample of help-seeking youth. *Psychiatry Res*. 2019;274:30-35. doi:10.1016/j.psychres.2019.02.020
20. **Phalen P**, Muralidharan A, Travaglini L, Bennett M, Stahl N, Brown C, et al. Predictors of attendance in health and wellness treatment groups for people with serious mental illness. *Psychiatr Rehabil J*. 2019. doi:10.1037/prj0000376
21. Kivisto A, Magee L, **Phalen P**, Ray B. Firearm ownership and domestic versus nondomestic homicide in the United States. *Am J Prev Med*. 2019;57(3):311-320. doi:10.1016/j.amepre.2019.04.009 (Awarded *AJPM Article of the Year*)
22. Tsuji T, **Phalen P**, Rakhshan Rouhakhtar P, Millman Z, Bussell K, Thompson E, et al. Using the K-SADS psychosis screen to identify people with early psychosis or psychosis risk syndromes. *Clin Child Psychol Psychiatry*. 2019;24(4):809-820. doi:10.1177/1359104519846582
23. Millman ZB, Rakhshan PJ, DeVyllder JE, Edmondson Smith M, **Phalen PL**, Woods SW, et al. Evidence for differential predictive performance of the prime screen between black and white help-seeking adolescents. *Psychiatr Serv*. 2019;70(10):907-914. doi:10.1176/appi.ps.201800536
24. Fischer MW, Dimaggio G, Hochheiser J, Vohs J, **Phalen P**, Lysaker P. Metacognitive capacity is related to self-reported social functioning and may moderate the effects of symptoms on interpersonal behavior. *J Nerv Ment Dis*. 2020;208(2):138-142. doi:10.1097/NMD.0000000000001117
25. Wastler H, Lucksted A, **Phalen P**, Drapalski A. Internalized stigma, sense of belonging, and suicidal ideation among veterans with serious mental illness. *Psychiatr Rehabil J*. 2020;43(2):91-96. doi:10.1037/prj0000386

26. **Phalen P**, Bridgeford E, Gant L, Kivisto A, Ray B, Fitzgerald S. Baltimore Ceasefire 365: Estimated impact of a recurring community-led ceasefire on gun violence. *Am J Public Health*. 2020;110(4):554-559. doi:10.2105/AJPH.2019.305513
27. Ryan A, **Phalen P**, Jahn D, Wastler H, Bennett M, Ghahramanlou-Holloway M, et al. Cognitive impairment and depression symptoms are independently associated with suicidal ideation in US veterans. *Psychiatry Res*. 2020;286:112833. doi:10.1016/j.psychres.2020.112833
28. Muralidharan A, Peeples AD, Hack SM, Fortuna KL, Klingaman EA, Stahl NF, et al. Peer and non-peer co-facilitation of a health and wellness intervention for adults with serious mental illness. *Psychiatr Q*. 2020. doi:10.1007/s11126-020-09818-2
29. Kivisto AJ, Kivisto KL, Gurnell E, **Phalen P**, Ray B. Adolescent suicide, household firearm ownership, and the effects of child access prevention laws. *J Am Acad Child Adolesc Psychiatry*. 2021. doi:10.1016/j.jaac.2020.08.442
30. Jones N, Atterbury K, Byrne L, Carras M, Hansen M, **Phalen P**. Lived experience, research leadership, and the transformation of mental health services: Building a researcher pipeline. *Psychiatr Serv*. 2021. doi:10.1176/appi.ps.202000468
31. Niculescu A, Le-Niculescu H, Roseberry R, Levey D, Gill S, **Phalen P**, et al. Precision medicine for mood disorders: Objective assessment, risk prediction, pharmacogenomics, and repurposed drugs. *Mol Psychiatry*. 2021. doi:10.1038/s41380-021-01061-w
32. **Phalen P**, Millman Z, Rakhshan Rouhakhtar P, Andorko N, Reeves G, Schiffman J. Categorical versus dimensional models of early psychosis. *Early Interv Psychiatry*. 2021. doi:10.1111/eip.13128
33. **Phalen P**, Miller R, Frampton B, Jones N, Machin K, Rose D, Stewart H, Carras MC. Peer support for discharge from inpatient mental health care. *Lancet Psychiatry*. 2022 Jul;9(7):541-542. doi: 10.1016/S2215-0366(22)00101-8.
34. **Phalen P**, Grossmann J, Bruder T, Jeong JY, Calmes C, McGrath K, Malouf E, James A, Romero E, Bennett M. Description of a Dialectical Behavior Therapy program in a Veterans Affairs Health Care System. *Eval Program Plann*. 2022 Jun;92:102098. doi: 10.1016/j.evalprogplan.2022.102098. Epub 2022 Apr 20. PMID: 35525095.
35. Watson DP, **Phalen P**, Medcalf S, Messmer S, McGuire A. Evaluation of post-discharge engagement for emergency department patients with opioid use history who received telehealth recovery coaching services. *Subst Abuse Treat Prev Policy*. 2023 Feb 11;18(1):9. doi: 10.1186/s13011-023-00523-4. PMID: 36774507; PMCID: PMC9922103.
36. **Phalen PL**, Kivisto AJ. Research on Youth Suicide and Sexual Orientation is Impacted by High Rates of Missingness in National Surveillance Systems. *Arch Suicide Res*. 2024 Jul-Sep;28(3):791-799. doi: 10.1080/13811118.2023.2227233. Epub 2023 Jun 22. PMID: 37350065; PMCID: PMC12082478.
37. **Phalen P**, Kimhy D, Jobes D, Bennett M. Emotional distress and dysregulation as treatment targets to reduce suicide in psychosis: a scoping review. *Eur Arch Psychiatry Clin Neurosci*. 2024 Jun;274(4):955-961. doi: 10.1007/s00406-023-01675-x. Epub 2023 Aug 19. PMID: 37597022; PMCID: PMC12086700.
38. Watson DP, Swartz JA, Magee LA, Bray BC, Phalen P, Medcalf S, McGuire AB. Latent class analysis of emergency department patients engaged in telehealth peer recovery support services and associations of identified classes with post-discharge outcomes. *J Subst Use Addict Treat*. 2024 May;160:209282. doi: 10.1016/j.josat.2023.209282. Epub 2023 Dec 20. PMID: 38135121; PMCID: PMC11060927.
39. Cowan T, **Phalen P**, Brown CH, Blanchard J, Bennett M. We need to make progress on blunted affect: A commentary. *Schizophr Res*. 2024 Feb;264:263-265. doi: 10.1016/j.schres.2024.01.001. Epub 2024 Jan 9. PMID: 38198877; PMCID: PMC11285721.

40. Brady DJ, **Phalen PL**, Roche DJO, Cowan T, Bennett ME. A reduction in cigarette smoking improves health-related quality of life and does not worsen psychiatric symptoms in individuals with serious mental illness. *Addict Behav.* 2024 Apr;151:107949. doi: 10.1016/j.addbeh.2023.107949. Epub 2023 Dec 26. PMID: 38176326; PMCID: PMC10863476.
41. Benrimoh D, Dlugunovych V, Wright AC, **Phalen P**, Funaro MC, Ferrara M, Powers AR 3rd, Woods SW, Guloksuz S, Yung AR, Srihari V, Shah J. On the proportion of patients who experience a prodrome prior to psychosis onset: A systematic review and meta-analysis. *Mol Psychiatry.* 2024 May;29(5):1361-1381. doi: 10.1038/s41380-024-02415-w. Epub 2024 Feb 2. Erratum in: *Mol Psychiatry.* 2024 May;29(5):1567. doi: 10.1038/s41380-024-02481-0. PMID: 38302562.
42. Watson DP, Ray B, **Phalen P**, Duhart Clarke SE, Taylor L, Swartz J, Gastala N. Fentanyl Exposure and Detection Strategies Utilized by Clinical Trial Participants Seeking Linkage to Opioid Use Disorder Treatment at a Syringe Service Program. *J Med Toxicol.* 2024 Jan;20(1):13-21. doi: 10.1007/s13181-023-00979-7. Epub 2023 Dec 4. PMID: 38048033; PMCID: PMC10774457.
43. Pagdon S, Shahriar SS, Murphy S, Babusci CB, Flores AT, Rivens AJ, Ered A, Smith WR, Jones N, **Phalen PL**, Calkins ME, Bennett ME. From Rhetoric to Action: Justice, Equity, Diversity, and Inclusion in Coordinated Specialty Care for Early Psychosis. *Psychiatr Serv.* 2024 Nov 1;75(11):1157-1160. doi: 10.1176/appi.ps.20240041. Epub 2024 Jul 3. PMID: 38957052; PMCID: PMC11530309.
44. **Phalen PL**, Smith WR, Jones N, Reznik SJ, Marti CN, Cosgrove J, Lopez M, Calkins ME, Bennett ME. Reasons for Discharge in a National Network of Early Psychosis Intervention Programs. *Schizophr Bull.* 2025 May 8;51(3):722-729. doi: 10.1093/schbul/sbae100. PMID: 39030696; PMCID: PMC12077663.
45. **Phalen P**, Jones N, Davis B, Sarpal D, Dickerson F, Vatz C, Jumper M, Kuczynski A, Thompson E, Jay S, Buchanan R, Chengappa KNR, Goldberg R, Kreyenbuhl J, Margolis R, Dong F, Riggs J, Moxam A, Burris E, Campbell P, Cooke A, Ered A, Fauble M, Howell C, Kelly C, Namowicz D, Rouse K, Smith W, Wolcott M, Boumaiz Y, Harvin A, Scheinberg R, Saravana A, Nayar S, Kohler C, Calkins ME, Bennett M. Suicidality among clients in a network of coordinated specialty care (CSC) programs for first-episode psychosis: Rates, changes in rates, and their predictors. *Schizophr Res.* 2024 Dec;274:150-157. doi: 10.1016/j.schres.2024.07.054. Epub 2024 Sep 19. PMID: 39298811; PMCID: PMC12118571.
46. Marsteller J, Goldberg R, Boumaiz Y, Jumper M, Taylor J, Saravana A, et al. Building a two-state learning healthcare system for persons with first episode psychosis. *Schizophr Res.* 2025. doi:10.1016/j.schres.2025.02.004
47. **Phalen P**, Hall W, Jones N. Antipsychotics "As Needed": An Understudied but Widespread Self-Managed Medication Use Pattern. *Psychiatr Serv.* 2025 Nov 1;76(11):1041. doi: 10.1176/appi.ps.20250097. PMID: 41174945; PMCID: PMC12596913.
48. **Phalen P**, Lucksted A, Fox K, Yusuf A, Hochheiser J, Jones N, Fetisova A, Hackman A, Bennett M. Pilot of Dialectical Behavior Therapy (DBT) skills training for people with psychosis spectrum conditions and high risk of suicide. *Psychosis.* 2025 Oct 28;10.1080/17522439.2025.2570374. doi: 10.1080/17522439.2025.2570374. Epub ahead of print. PMID: 41346404; PMCID: PMC12674191.
49. Klingaman EA, Goldberg RW, Brown CH, Li L, Kreyenbuhl JA, Gehrman PR, Howell MK, **Phalen PL**, Fischer MW, Bennett ME. Results of a pilot randomized controlled trial of CBT-I for veterans with serious mental illness and insomnia. *J Clin Sleep Med.* 2026 Jan 29;22(1):22. doi: 10.1007/s44470-025-00009-z. PMID: 41678078.

50. Kacmarek CN, Smith HC, Lucksted A, Li L, Wilkins L, Coakley G, et al. Efficacy, acceptability and feasibility of StayQuit for sustaining smoking abstinence after psychiatric hospitalization. *J Patient Cent Res Rev*. In press.
51. Sarpal DK, Nayar S, Buchanan RW, Chengappa KNR, Dickerson F, Eack SM, Ered A, Medoff D, Margolis RL, Li L, Lucksted A, Jones N, Jumper MBE, Kohler CG, Phalen P, Baker KK, Brandt AS, Goldberg RW, Howell C, Kreyenbuhl J, Marsteller JA, Mayanil T, Moore TM, Fang LJ, Dong F, Riggs J, Vatz CL, Taylor JH, Campbell PD, Fauble M, Kelly C, Rouse K, Smith W, Suhail-Sindhu T, Bencivengo D, Boumaiz Y, Saravana A, Scheinberg R, Calkins ME, Bennett ME. Persistent Negative Symptoms: Characterization of an Unmet Need in a Learning Health System for First-Episode Psychosis. *Schizophr Bull*. 2026 Apr 10;52(3):sbag062. doi: 10.1093/schbul/sbag062. PMID: 42104802; PMCID: PMC13156505.

Major Invited Speeches

Local

1. **Phalen, P. L.** (January, 2015). Quantitative Psych Assessments: smartphone apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.
2. **Phalen, P. L.** (September, 2015). Mental Health Disparities After ‘Obamacare’: Methods for analyzing nationally representative datasets with complex survey designs. *ACT Collaborator Meeting*. Lecture conducted from Indiana University-Purdue University of Indianapolis.
3. **Phalen, P. L.** (November, 2015). Tracking the Mind: Planet of the Apps. *Translational Neuroscience Topics (TNT)*. Lecture conducted from Indiana University School of Medicine.
4. **Phalen, P. L.** (February, 2020). Dialectical Behavior Therapy for Psychosis and Mania. *Annual Mental Health In-Service for VA Maryland Health Care System*. Seminar conducted from Perry Point VA Medical Center.
5. **Phalen, P. L.** (February, 2020). Dialectical Behavior Therapy for Psychosis and Mania. *Annual Mental Health In-Service for VA Maryland Health Care System*. Seminar conducted from Perry Point VA Medical Center.
6. **Phalen, P. L.** (November, 2023). Clinical strategies for assessing and reducing suicide risk. *8th Annual Pennsylvania Early Psychosis Conference*. Lecture conducted from the University of Pennsylvania.
7. **Phalen, P. L.** (July, 2024). Research versus Clinical Careers: Do you have to choose? *MPRC DANA Scholar Lecture Series*. Lecture conducted from the Maryland Psychiatric Research Institute.
8. **Phalen, P. L.** (March, 2025). Delivering the Columbia-Suicide Severity Rating Scale (C-SSRS). *PEACE program (Psychosis Education, Assessment, Care and Empowerment) in-service*. Invited lecture conducted at Horizon House: Philadelphia, PA.

National

9. **Phalen, P. L.** (November, 2023). Addressing Suicidality in Coordinated Specialty Care for Early Psychosis. *Early Psychosis Intervention Center (EPICENTER) Speaker Series*. Lecture conducted from The Ohio State University.
10. **Phalen, P. L.** (December, 2025). Dialectical Behavior Therapy (DBT) for People with Psychosis. *Early Psychosis Intervention Center (EPICENTER) Speaker Series*. Lecture conducted from The Ohio State University.

Proffered Communications

Local

1. **Phalen, P. L.**, Viswanadhan, K., Lysaker, P. H., & Warman, D. W. (November, 2014). *Clinical insight, cognitive insight, and quality of life for individuals with schizophrenia*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.
2. **Phalen, P. L.**, Lysaker, P. H., & Warman, D. W. (November, 2014). *Evaluation of the Peters et al. Delusions Inventory as an assessment of current psychosis severity*. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.
3. **Phalen, P.**, Rakhshan, P., Schiffman, J., & Reeves, G. (June, 2018). *Validity of a two-item psychosis screener*. Poster presentation at UM Research Day. Baltimore, Maryland.
4. **Phalen, P.**, Ray, B., Watson, D. (June, 2018). *Using Bayesian Multilevel Modeling to Avoid Collapsing Small Groups: Epidemiology of Fentanyl as case example*. Poster presentation at UM Research Day. Baltimore, Maryland.
5. Boumaiz, Y., **Phalen, P.**, Warman, D., Martin, J. (June, 2024). *Distinguishing religious and spiritual beliefs from psychosis-like experiences*. University of Maryland Research Day. Baltimore, MD.
6. Menkes, M., Liu, J., Bennett, M., Weiner, E., & **Phalen, P.** *Program Evaluation of a Dialectical Behavior Therapy (DBT) Skills Group in an Early Psychosis Specialty Care Clinic*. Poster presentation at the University of Maryland Research Day. Baltimore, MD.
7. Fox, K., & **Phalen, P.** (April, 2023). *Analysis of 911 Behavioral Health Diversions in Baltimore City*. UM Research Day.
8. **Phalen, P.**, Fox, K., & Funk, R. (April, 2023). *Toward a pragmatic clinical trial: Training community psychiatry clinicians to deliver DBT for people with serious mental illness*. UM Research Day.
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National

1. Viswanadhan, K., **Phalen, P. L.**, & Warman, D. W. (August, 2015). *Thought-action fusion and psychosis proneness*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.
2. **Phalen, P. L.**, & Niculescu, A. B. (August, 2015). *The effects of childhood trauma on adult psychosis are modulated by temperament*. Poster presentation at the American Psychological Association Conference, Toronto, Canada.
3. **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Obsessive Compulsive beliefs and their relationship with attitudes toward people with violent thoughts*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
4. **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Relationship between Obsessive Compulsive beliefs and psychosis proneness in a non-clinical sample*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
5. Viswanadhan, K., **Phalen, P. L.**, & Warman, D. M. (November, 2015). *Cognitive insight and probabilistic Reasoning*. Poster presentation at the 2015 ABCT Conference. Chicago, Illinois.
6. Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Thought action fusion and specific components of religiosity*. Poster presentation at the 2016 ABCT Conference. New York City, New York.

7. Viswanadhan, K., **Phalen, P.** & Warman, D. (November, 2016). *Self-transcendence and thought action fusion*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
8. **Phalen, P.** & Warman, D. (November, 2016). *Cognitive insight and intolerance of uncertainty: pros and cons of second-guessing*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
9. **Phalen, P.** & Warman, D. (November, 2016). *The content of auditory verbal hallucinations determines whether the voice-hearer is perceived as mentally ill*. Poster presentation at the 2016 ABCT Conference. New York City, New York.
10. **Phalen, P.** Warman, D., & Martin, J. (November, 2017). *What aspects of religiousness are associated with psychosis-proneness?* Poster presentation at the 2017 ABCT Conference. San Diego, California.
11. **Phalen, P.** (January, 2018). *Modeling the fentanyl crisis in Indianapolis using multilevel Bayesian regression*. Poster presentation at the StanCon 2018 conference. Pacific Grove, California.
12. Rakhshan, P., **Phalen, P.**, Thompson, E., Andorko, N., Millman, Z. B., Sun, S, and Schiffman, J. (July, 2018). *Factor Analysis of the Prime Screen: Introducing the Prime-8*. Paper presentation at the 2018 APA Division 45 (Psychological Study of Culture, Ethnicity, and Race) Research Conference.
13. **Phalen, P.** Warman, D, & Martin, J. (November, 2018). *Personal beliefs/experiences and stigma toward voice-hearers*. Poster presentation at the 2018 ABCT Conference. Washington, DC.
14. Lowder, E., Ray, B., Kivisto, A., **Phalen, P.**, & Gil, H (November, 2018). *Mortality following naloxone encounters with emergency medical services*. Abstract presented at the American Public Health Association's 2018 Annual Meeting & Expo. San Diego, CA.
15. Jay, S., Thompson, E., **Phalen, P.**, Shan, L., Rakhshan Rouhakhtar, P., Andorko, N., Fitzgerald, J., Millman, Z., Redman, S., Roemer, C., DeLuca, J., Petti, E., Bridgewater, M., Schiffman, J (September, 2019). *The Relation Between Positive Symptoms and Suicidal Ideation and Behaviors in Adolescents At Clinical High Risk For Psychosis*. Poster presentation at the Thirty-Third Annual Meeting of the Society for Research in Psychopathology. Buffalo, NY.
16. Schiffman, J., Bridgewater, M., Thompson, E., Rakhshan Rouhakhtar, P., Millman, Z., **Phalen, P.**, Klaunig, M., Kline, E., & DeLuca, J. (October, 2019). *Youth at Clinical High Risk and Schools*. Presentation at The Second National Conference on Advancing Early Psychosis Care, American Psychiatric Association. New York, NY.
17. Didion, L., Grossman, J., & **Phalen, P.** (September, 2020). *Dialectical Behavior Therapy Implementation and Initial Outcomes at Baltimore and DC VA Medical Centers*. Seminar for the National Mental Health Recovery & Wellness Webinar Series, Department of Veterans Affairs.
18. Fitzgerald, S., Gant, L., Bridgeford, E., Raphael, C., Kivisto, A., Ray, B., **Phalen, P.** (October, 2020). *Estimated impact of a recurring community-led ceasefire on gun violence in Baltimore*. American Public Health Association Annual Meeting and Expo.
19. **Phalen, P.** & Bennett, M. (November, 2023). *Implementing Dialectical Behavior Therapy (DBT) without excluding people with psychosis*. Poster presented at the 2023 Association for Behavioral and Cognitive Therapies (ABCT) conference. Seattle, Washington.
20. Eisen, K., Jones, N., Kopelovich, S., **Phalen, P.**, Shapiro, D., Thompson, E. (November, 2024). *Engaging clients, providers, and systems of care in early psychosis treatment: Lessons learned from community-based research*. Panel for the Association for Behavioral and Cognitive Therapies.
21. Fetisova, A., Bennett, M., Lucksted, A., Hochheiser, J., Yusuf, A., Fox, K., **Phalen, P.** (2025). *Preliminary data on a prepilot Dialectical Behavior Therapy (DBT) skills program for people with psychosis spectrum disorder and high risk of suicide*. Poster accepted for presentation at the

59th Annual Association for Behavioral and Cognitive Therapies (ABCT) Conference. New Orleans, Louisiana.

International

22. **Phalen, P.** (July, 2019). *Dialectical Behavior Therapy for Psychosis: A case study*. Poster presented at Beckfest 2019 (International Cognitive Behavioral Therapy for Psychosis). Philadelphia, PA.
23. Niculescu, A., Le-Niculescu, H., Roseberry, K., Levey, D., **Phalen, P.**, Nurnberger, J., Shekhar, A., Kurian, S. (October, 2019). *Towards Precision Medicine for Mood Disorders: Objective assessment and targeted therapeutics for depression and mania*. Poster presentation at the XXVIIth World Congress of Psychiatric Genetics (WCPG). Los Angeles, California.
24. Petti, E., Rakhshan Rouhakhtar, P., Klaunig, M., Bridgwater, M., Roemer, C., Andorko, N. D., DeLuca, J. S., **Phalen, P.**, Smith, M., Pitts, S., & Schiffman, J. (April, 2020). *Mental Health Treatment-Seeking in Individuals with High Levels of Psychosis-like Experiences: Impact of Trauma and Race*. Poster presentation at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa030.553>
25. Schiffman, J., Rakhshan Rouhakhtar, P., Millman, Z., Thompson, E., & **Phalen, P.** (April, 2020). *The Role of Contextual Factors and Assessment Strategies in the Accurate Screening of Psychosis-Risk Symptoms*. Oral Session at the 2020 Congress of the Schizophrenia International Research Society (SIRS). Firenze, Italy. Conference canceled due to COVID-19, but abstract published in *Schizophrenia Bulletin* at <https://doi.org/10.1093/schbul/sbaa028.058>
26. Turner, E., Bastos, R., Kodaiarasi, K., Murthy, S., Noumair, M., **Phalen, P.** (May, 2023). *The relationship between level-of-contact with mental illness and stigmatization of voice-hearing experiences depends upon the specific contents of the voice*. Schizophrenia International Research Society 2023 Annual Congress.
27. Watson, D. P., **Phalen, P.**, Medcalf, S., Messmer, S., & McGuire, A. (May, 2023). *Factors affecting successful post-discharge engagement of emergency department patients with opioid use history who received telehealth recovery coaching services*. World Congress on Public Health. Rome, Italy.
28. **Phalen, P.**; Jones, N.; Davis, B.; Calkins, M.; Kohler, C.; Sarpal, D.; Chengappa, K.; Margolis, R.; Baker, K.; Marsteller, J.; Jumper, M.; Medoff, D.; Bennett, M. (October, 2023). *Reductions in suicidality among youth receiving specialty services for first episode psychosis*. Poster presented at the 2023 IASR/AFSP International Summit on Suicide Research.
29. **Phalen, P.**, Roe, D., Speyer, H., Jones, N., Driscoll, S. (March, 2025). *Broadening Our Understanding of Antipsychotic Discontinuation by Integrating Lived Experience, Quantitative, and Qualitative Research*. Symposium at the 2025 Schizophrenia International Research Society (SIRS) conference. Chicago, Illinois.
30. Manges, M., Title, S., Thompson, E., **Phalen, P.**, & Bornheimer, L. *Advancing Suicide Prevention Efforts for Individuals with Psychosis Spectrum Disorders: Innovations in Measurement, Assessment, and Treatment*. Symposium accepted for presentation at the 2025 IASR/AFSP International Summit on Suicide Research. Boston, MA.
31. **Phalen, P.**, Driscoll, S. (September, 2025). *Antipsychotic use patterns and outcomes in a national network of early psychosis intervention clinics (EPINET)*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
32. Jones, N., **Phalen, P.**, Babusci, C., Kreyenbuhl, J., Marsteller, J., Goldberg, G., Bennett, M. (September, 2025). *Development of a novel early psychosis discharge and transition navigation*

- intervention across a multi-state hub*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
33. Jones, N., Babusci, C., Driscoll, S., **Phalen, P.** (September, 2025). *A critical assessment of the implementation of a common assessment battery across a large network of early psychosis programs in the US*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
 34. Pagdon, S., **Phalen, P.**, Bennett, M., Jones, N. (September, 2025). *Investigating the impact of service user versus clinician conceptualizations of psychosis-related phenomenology on (dis)engagement*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
 35. Jones, N., Pagdon, S., Babusci, C., **Phalen, P.**, Bennett, M. (September, 2025). *The View from Outside versus Experience Itself: Questioning a Paradigm in the Conceptualization of Psychosis*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
 36. Jones, N., Pagdon, S., McNemar, S., Babusci, C., Driscoll, S., **Phalen, P.**, Bennett, M. (September, 2025). *“Breaking boundaries” through embedded co-design and co-production across a disengagement-themed early psychosis learning healthcare system in the United States*. Symposium presentation presented at the 15th International Conference on Early Intervention and Prevention in Mental Health. Berlin, Germany.
 37. Westfall, M., Riggs, J., Conroy, C., Bencivengo, D., Vatza, C., Milkins, J., Buchanan, R., Dickerson, F., Kreyenbuhl, J., Lucksted, A., Marsteller, J., Margolis, R., Medoff, D., Jones, N., **Phalen, P.**, Sarpal, D., Smith, W., Kohler, C., Bennett, M., Calkins, M. (March, 2026). *Duration of Untreated Psychosis Less than Three Months is Common and Associated with Improved Clinical and Functional Status by 18 Months in Coordinated Specialty Care: Findings from the Connection Learning Healthcare System*. Poster presentation accepted for the 2026 Congress of the Schizophrenia International Research Society.
 38. Mondell, E., Nucifora, E., Scheinberg, R., Brandt, A., **Phalen, P.**, Kohler, C., Sarpal, D., Li, L., Medoff, D., Buchanan, R., Bennett, M., Calkins, M., Margolis, R. (March, 2026). *Clozapine Use for Recent Onset Psychosis in the Maryland-Pennsylvania CLHS EPINET Consortium*. Poster presentation accepted for the 2026 Congress of the Schizophrenia International Research Society.