CAUSAL BELIEFS QUESTIONNAIRE-REVISED (CBQ-R)

This inventory lists different possible causes for the experiences of Nancy, the person you just read about in the vignette. Read each cause carefully and decide how much you agree or disagree with it. For each of the statements, choose the number matching the answer that *best describes what you think.* To decide whether you believe in a given cause for the experiences of the person in the vignette, simply think about what you would initially assume was going on without access to any additional information*.* Use the following scale.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Definitely \*not\* a cause** |  |  |  | **Definitely a cause** |
| 1 | 2 | 3 | 4 | 5 |

In making your ratings, try to avoid using the middle point of the scale (3), but rather indicate whether you would disagree or agree with the causes listed for the person’s experiences.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 1. | Life stress | 1 | 2 | 3 | 4 | 5 |
| 2. | Stress at work | 1 | 2 | 3 | 4 | 5 |
| 3. | Brain disease | 1 | 2 | 3 | 4 | 5 |
| 4. | Heredity | 1 | 2 | 3 | 4 | 5 |
| 5. | Possession | 1 | 2 | 3 | 4 | 5 |
| 6. | Lack of / misguided faith | 1 | 2 | 3 | 4 | 5 |
| 7. | Broken home | 1 | 2 | 3 | 4 | 5 |
| 8. | Lack of parental affection | 1 | 2 | 3 | 4 | 5 |
| 9. | Strong faith | 1 | 2 | 3 | 4 | 5 |
| 10. | Close relationship with God | 1 | 2 | 3 | 4 | 5 |
| 11. | Lack of willpower | 1 | 2 | 3 | 4 | 5 |
| 12. | Immoral lifestyle | 1 | 2 | 3 | 4 | 5 |